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Welcome to the latest ABC UK Nurses' Newsletter!

Dear <<First Name>>

We hope this message finds you well. At **Action Bladder Cancer UK**, we deeply value the work of Urology and Oncology Nurses in delivering expert care, compassion, and support to those living with bladder cancer.

We're excited to share some **important updates**, **free education opportunities**, and ways we can help you support your patients even more effectively. Please read on – and don't miss out on final places for our popular Nurses Education Day in September.



Free Education Events - Designed for You

We're pleased to offer **two free education events** within the next couple of months, created especially for nurses working in urology and oncology.



Understanding Bladder Cancer – and the Latest Developments

In-person event | Central Birmingham Friday 5th September 2025

Places are filling fast – don't miss your chance to attend this **free**, **in-person education day** dedicated to nurses working in bladder cancer and urology care.

This **annual ABC UK Education Day**, part of our wider **Education Programme**, is designed for:

- Urology Nurses and Clinical Nurse Specialists already working with bladder cancer patients.
- Nurses in wider cancer and urology care looking to expand their knowledge.

You'll hear from leading voices across urology, oncology and advanced nursing, as well as gain powerful insight from a bladder cancer patient speaker. The programme is packed with clinical updates, new developments in treatment and care, and practical advice you can apply in your own practice.

CPD opportunity
Support with travel costs is available
Lunch and refreshments provided

<u>✓ View full programme and register here</u>

(Please still register if the event shows as full, as we run a waiting list and you could still have a place.)



NEW Free Webinar: Setting Up a Support Group for Your Patients

Monday 18th August 2025 6.30pm - 7.30pm, Online via Zoom Free to attend, Q&A included

We're delighted to offer a **free**, **one-hour online session** designed specifically for nurses who want to support their bladder cancer patients beyond the clinic. This event was developed in response to feedback from nurses across the UK asking for practical guidance on how to set up and run a successful local or virtual support group.

The session will be led by an experienced member of the **ABC UK Patient Support team**, along with **two advanced nurse specialists** who've been running thriving groups for several years. You'll also hear from a **bladder cancer patient**, sharing how being part of a support group has impacted his journey:

"Being able to share experiences of bladder cancer with others is hugely valuable. It's not only reassuring – it gives us hope and the knowledge that we're not alone."

- Bob. PSG attendee





ABC UK Nurse of the Year Award 2025 – Nomination Deadline - 31st July 2025.

Do you know an exceptional nurse who goes the extra mile for bladder cancer patients?

We're proud to launch the **ABC UK Nurse of the Year Award** to celebrate and spotlight the incredible dedication, empathy and innovation shown by nurses across the UK.

Nomination deadline: Thursday 31st July 2025

The winner will be announced at our September 2025 education event.

Submit a nomination here

2025 Nursing Grant Award Announced!

We're thrilled to spotlight the recipient of the **2025 ABC UK Nursing Grant** - selected from innovative applications for nurse-led projects aiming to directly benefit people living with bladder cancer.



ABC UK Nursing Grant - SPARC Project

Rebecca Martin from The Royal Marsden NHS is leading **SPARC**: **Supporting Sexual Recovery for Women with Bladder Cancer**. This pioneering initiative focuses on helping women rebuild sexual health post-cystectomy through codesigned educational interventions developed with clinicians and patients.

Why It Matters for Nurses

The **Nursing Grant** reflects the vital role nurses play - not just in delivering care, but in designing interventions that improve patients' physical, emotional, and sexual health.

See more on Rebecca's **SPARC: Supporting Sexual Recovery for Women with Bladder Cancer**, <u>here</u>.

Patient Information & Support – Free Resources for Your Patients

Don't forget! You can **order free patient information materials** to support those affected by bladder cancer. Visit our website to request **leaflets**, **guides**, **and other resources**: **Order Materials**.

We also offer a **direct patient support service**, by phone or email, free information resources for patients, as well as directing to **support groups** for those seeking connection and advice. Encourage your patients to reach out – we're here to help!

For more details, visit our website or get in touch.

Together, we're improving bladder cancer awareness and care and supporting patients every step of the way.

Thank you for making a difference.



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